

(R.) I.G.N.I.T.E.

RESIDENTS INDIVIDUALLY GROWING
NATURALLY & INTENTIONALLY
THROUGH EDUCATION

ROANOKE CITY ADULT
DETENTION CENTER
RESIDENT PROGRAMS

ANNUAL REPORT
SEPTEMBER 2022 –
SEPTEMBER 2023





(R.) I.G.N.I.T.E

Residents Individually Growing Naturally & Intentionally Through Education

Overview

The Roanoke City Sheriff's Office, under the leadership of Sheriff Antonio Hash, is carrying out its mission of safely operating the detention center through progressive, innovative, and humane practices aimed towards rehabilitating those in custody and returning citizens back into our community with hope and a chance for a successful future. In September 2022, the Roanoke City Sheriff's Office partnered with the National Sheriff's Association to launch (R.)I.G.N.I.T.E. at the Roanoke City Adult Detention Center. The Roanoke City Sheriff's Office was the first agency in Virginia to launch this transformative educational platform.

(R.)I.G.N.I.T.E. is modeled after the original program I.G.N.I.T.E. that was founded by Sheriff Christopher Swanson of the Genesee County Sheriff's Office, Michigan. Through (R.)I.G.N.I.T.E. programming has expanded and provided educational classes and re-entry support to ensure a successful transition back into the community. (R.)I.G.N.I.T.E. incentivizes good behavior and creates an environment of growth for our residents (average daily population is 365 residents - 268 males and 36 females). The Roanoke City Sheriff's Office has collaborated with community organizations, social services agencies, and employers to create a network of support for the residents at the Roanoke City Adult Detention Center.

"We do it better, when we do it together"

– Sheriff Antonio Hash

**ROANOKE CITY ADULT DETENTION CENTER
RESIDENTS PARTICIPATE IN (R.) I.G.N.I.T.E. THROUGH:**

- PROGRAMMING PODS
- CLASSES AND GROUP SESSIONS
- DISCHARGE PLANNING
- RESIDENT TRUSTY PROGRAM
- EDUCATION MODULES ON THE RESIDENT TABLET

CHANGING THE CULTURE & HOW WE VIEW INCARCERATION



ALPHA PROGRAM (ALPHA POD)

The Alpha Program (Alpha Pod) is a highly structured therapeutic treatment and education program focusing on substance use addiction and recovery. Through this program residents gain insight into their own drug and/or alcohol use, relapse issues, and other substance abuse concerns. This program uses a twelve-step approach in the development of a relapse plan. The residential phase of the program lasts a minimum of 4 months and is facilitated by Blue Ridge Behavioral Healthcare.

ALPHA PROGRAM STATISTICS

Male Participants: 31 Female Participants: 4

Graduated Program: 9





RE-ENTRY POD

The Re-Entry Pod was formed to improve the chances of successful reintegration into society and to reduce the likelihood of reoffending. Preparing residents for life beyond incarceration is crucial for their rehabilitation and for the well-being of the community. Residents within 90 days of their scheduled release from incarceration are selected to participate. Some of the programming classes offered in the re-entry pod include: Keys to Freedom, Build Smart Institute Classes (OSHA 10 and Core Fundamentals of Construction), and discharge planning.

RE-ENTRY POD STATISTICS

Male Participants: 39

RELIGIOUS STUDIES & KEYS TO FREEDOM PROGRAM

Program volunteers from places of worship in the community facilitate Religious Studies classes and the Keys to Freedom Program. The Detention Center offers religious text and items/objects/artifacts upon the request of our residents. The Sheriff's Office does not discriminate and residents are free to practice the religion that they choose, however classes are contingent on volunteers from the community. Keys to Freedom is a faith based discipleship study equipping residents to live free and stay free. This 8-week course provides residents with an interactive journey with God to explore:

- Hearing from God
- Committing/Connecting to Christ
- Renewing Your Mind
- Healing Life's Hurts
- Using Your Authority in Christ
- Choosing to Forgive
- Breaking Generational Patterns
- Maintaining Lifelong Freedom

RELIGIOUS STUDIES STATISTICS

Female Participants: 6

KEYS TO FREEDOM PROGRAM STATISTICS

Male Participants: 5



BUILD SMART INSTITUTE CLASSES

Build Smart Institute Classes are offered to the residents in the Re-Entry Pod to provide education to those who wish to be employed in the construction field. The OSHA 10 Class provides certification and residents earn their OSHA 10 Cards. Core Fundamentals of Construction provides entry-level students an overview of a variety of construction careers by learning basic construction knowledge and skills including: Construction Safety, Construction Math, Materials Handling, and Employability Skills such as critical thinking skills and problem solving.

BUILD SMART INSTITUTE CLASS STATISTICS

OSHA 10 Class - Participants: 7 Completed: 5

Core Fundamentals of Construction- Participants: 9 Completed: 2





DISCHARGE PLANNING SERVICES

Discharge planning services are provided through the NaphCare Discharge Planner, BRBH Discharge Planner, Mindset Program, and referrals to community agencies. Discharge planning offers several key benefits to include: successful reintegration, reduced recidivism, addressing health needs, and employment opportunities. Through the Mindset Program, residents are able to expedite their application for obtaining SSI and SSDI disability benefits. Many residents are provided re-entry bags filled with hygiene items and clothing to “dress for success” when re-entering society.

DISCHARGE PLANNING SERVICES STATISTICS

NUMBER OF RESIDENTS ASSISTED

NaphCare Discharge Planner: 238

BRBH Discharge Planner: 77

Mindset Program: 34

Community Referrals: 60





PATHWAY HOME RE-ENTRY PROGRAM

The Pathway Home Re-Entry Program is facilitated by TAP (Total Action for Progress) and funded by the U.S. Department of Labor. Through the Pathway Home Program, residents with scheduled release dates are provided career services, job training, and transition support to assist them in securing and maintaining gainful employment after release. Residents work closely with a dedicated mentor to explore career opportunities and identify and overcome barriers to employment. This program also provides financial incentives and supports to aid in making a successful transition from incarceration to employment.

PATHWAY HOME RE-ENTRY PROGRAM STATISTICS

Residents Referred: 114 Residents Enrolled: 61

NARCOTICS ANONYMOUS CLASS

Peer-support program volunteers facilitate the Narcotics Anonymous Classes. Narcotics Anonymous is a support group that provides a safe non-judgmental space for individuals who are struggling with addiction. These classes offer support, understanding, and a sense of community to those on the path to recovery.

NARCOTICS ANONYMOUS CLASS STATISTICS

Male Participants: 31

BRIGHTVIEW GROUP

BrightView provides comprehensive alcohol and substance use treatment and support for residents once they are released from incarceration. Group sessions provide information on proven treatment methods, benefits of comprehensive care to avoid relapse, and services provided once individuals have returned to the community. Sessions are held on the 1st and 3rd Tuesday of each month.

BRIGHTVIEW GROUP STATISTICS

Male Participants: 8



CHARLII PROGRAM

The CHARLII Program is facilitated by the Council of Community Services Drop-In Center. Human Immunodeficiency Virus (HIV) rates among the incarcerated are 8-10 times higher than in the community. The CHARLII Program focuses on educating residents on HIV, Hepatitis (A, B, C), STD/STIs, and overdose prevention, treatment, and care. Once residents complete the education portion of the program they are provided free HIV & HCV testing as well as linkage to treatment, care, and prevention services. CHARLII Program classes are held on the 1st and 3rd Wednesday of each month.

CHARLII PROGRAM STATISTICS

Male Participants: 3 Female Participants: 2

LIBRARY SERVICES

Library Services provides not only the delivery of physical books and magazines, but also includes electronic books that residents can receive on the tablet. Special items available include large font books for those who have vision problems, books for those who have literacy issues, religious text, and reference materials like dictionaries and legal books. The library also provides picture books for the residents to read to their children during video visitation. Once a month the librarian publishes a newsletter that includes inspirational quotes, resident art and poems, library information, riddles, and jokes. A special program the library started is the recycling of old newspapers. The residents collect newspapers in their pod and they are then donated to the animal shelter. This has become a popular program, where residents feel great pride in helping the animals and being responsible for collecting the papers in their pod.

LIBRARY SERVICES STATISTICS

Physical books delivered to residents: 7,695 books

Electronic books shared on the resident tablet: 5,778 books

Tablet requests from residents answered: 13,424 requests

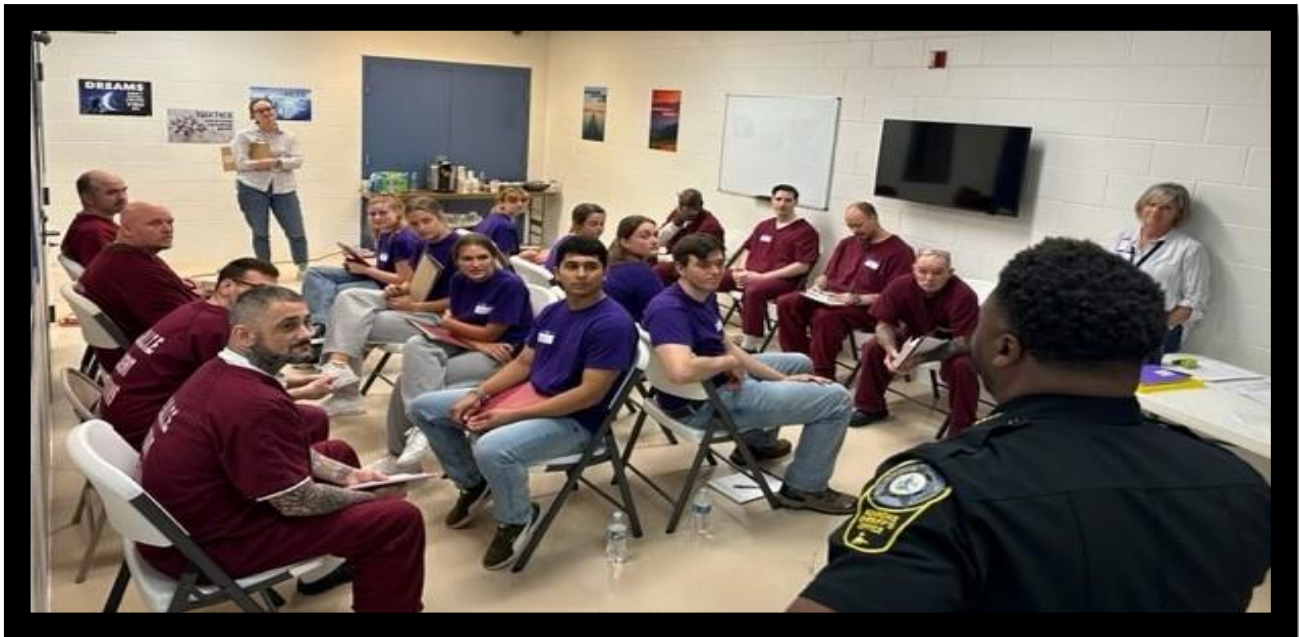


INSIDE-OUT PROGRAM

The Roanoke City Sheriff's Office has partnered with Roanoke College to provide the Inside-Out Program. Inside-Out is an educational program that brings together college students and incarcerated individuals for transformative learning experiences. The "inside" refers to incarcerated individuals, while the "Out" refers to college students. This program promotes dialogue, education, and personal growth for both the incarcerated individuals and college students, contributing to broader discussions about criminal justice reform and rehabilitation. Residents receive college credit through Roanoke College for participating in this program.

INSIDE-OUT PROGRAM STATISTICS

Male Participants: 10





GED AND CONTINUING EDUCATION SERVICES

The Roanoke City Sheriff's Office has one full time Corrections Education Specialist who facilitates GED and continuing education services. All residents, regardless of security level, have access to education programs through the Detention Center Education Department. These programs include GED instruction, ESL (English as a Second Language), basic literacy, twelve non-credit advance study classes, three foreign languages, and four non-credit professional studies classes. GED students receive individualized assessments and instruction to meet their needs and learning styles. Students have the opportunity to take the four GED subtests and earn their GED certificate. Some students attend classroom instruction, while others receive workbooks and receive feedback from the teacher. One-on-one instruction is also available. Roanoke City Public Schools employs one Special Education Teacher to assist residents who are enrolled in Roanoke City Public Schools.

GED AND CONTINUING EDUCATION STATISTICS

GED students: 323
 Independent study students: 456
 Non-GED students: 332
 Enrichment students: 80
 Classes attended: 518
 Students tested: 10
 GED sub tests passed: 7
 GED completed and certificate received: 1





ART THERAPY PROGRAM

Art Therapy is beneficial for residents as it offers a creative outlet for expressing emotions, encourages self-reflection to gain insight into behaviors and motivations, and fosters healthier relationships with peers and staff. Several female residents participated in a class where they created a “heart map”. The “heart map” is a visual reminder of what the resident loves. It goes beyond making a list of people, places and things to a deeper place within each person so they can reflect on what they value and love. In addition to the “heart map” residents throughout the Detention Center participated in a Greeting Card Workshop in December to create cards for their loved ones.

ART THERAPY PROGRAM STATISTICS

Participants: 87



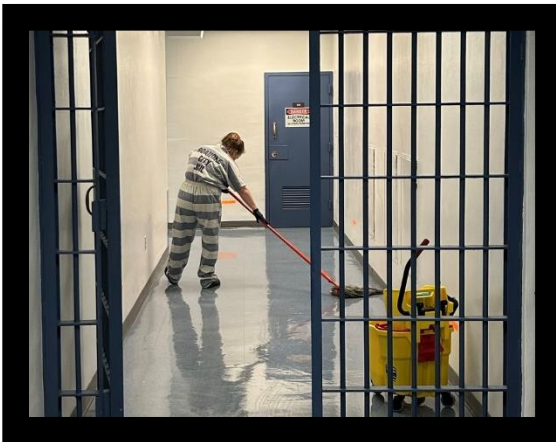


RESIDENT TRUSTY PROGRAM

Through the Resident Trusty Program, trustees engage in vocational training and education to promote responsibility, skill development, and a sense of purpose. Trustees work in various areas within the facility and community to gain valuable hands-on skills. Trustees receive training in food preparation, sanitation, laundry facilities, painting, buffing, lawn equipment, snow removal, and vehicle cleaning. The Trusty Program provides practical life skills and potential pathways to future employment.

RESIDENT TRUSTY PROGRAM STATISTICS

Kitchen Trusty	Males: 125	Females: 2
Laundry Trusty	Males: 64	
Hall Trusty	Males: 105	Females: 17
Maintenance Trusty	Males: 13	
Garage Crew Trusty	Males: 5	



SERVSAFE FOOD HANDLER PROGRAM

Residents assigned to work as kitchen trustees are given the opportunity to obtain their ServSafe Food Handler Certification. There are five sections to this education: Basic Food Safety, Personal Hygiene, Cross-contamination and Allergens, Time and Temperature, and Cleaning and Sanitation. Residents are awarded a certificate, which can enhance their prospects for future employment, especially in the food service industry.

SERVSAFE FOOD HANDLER PROGRAM STATISTICS

Certificates Awarded: 22



FRESH START CULINARY PROGRAM

The Fresh Start Culinary Program is facilitated by Trinity Services Group and helps residents acquire valuable cooking skills, food preparation techniques, and kitchen management abilities. Through this program select kitchen trustees attend classes to obtain their ServSafe Food Protection Manager Certification and receive hands-on training in the Detention Center kitchen. Residents participate in a “cook-off” and create dishes using common items from the resident commissary menu. Fresh Start Culinary Program graduates receive an embroidered chef coat, certificates, and a goodie bag to celebrate this accomplishment.

FRESH START CULINARY PROGRAM STATISTICS
Male Participants: 17
Graduated: 7





RESIDENT TABLET & WORKBOOKS

The Roanoke City Sheriff's Office is dedicated to providing all residents educational opportunities, regardless of their security level or housing assignment. In addition to the programs above, residents have access to learn through the resident tablet and self-improvement workbooks. "Beyond Prison, Probation and Parole" is an educational platform offered on the resident tablet. Residents watch a series of videos and answer self-reflection questions and knowledge checks. Upon request, residents are provided with self-improvement handbooks. Two of the handbooks currently available are "Parenting During and After Prison" and "Living on the Outside"- a pre-release guide. Through these educational tools, residents are more prepared for family reunification and life after incarceration.

BEYOND PRISON STATISTICS

Participated: 133 Completed: 17

